



Guide for

# Danida Fellows in Denmark

May  
2021

# DENMARK



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## Foreword

This guide contains general information and guidelines for holders of Danida fellowships accepted for studies in Denmark. Danida fellowships are offered to qualified candidates affiliated with Danida financed activities in countries that Denmark collaborates with in low income and emerging economies. The fellowships may be short or longer specialised studies and training, or degree and research studies.

Further information about the fellowships is obtainable from Danida Fellowship Centre (DFC), whose primary objective is to assist you in making the very best of your stay in Denmark.

Please also see:

**[www.dfcentre.com](http://www.dfcentre.com)**



## Passport and visa

A valid passport is required for entry into Denmark, **and the Immigration Authorities at the airport may ask you to present the 'Letter of Acceptance'/'Letter of Invitation'**.

A Schengen visa or a temporary residence permit for Denmark is required for citizens from most countries. The fee for a Schengen visa/temporary residence permit will be reimbursed by DFC. Please note that DFC will not cover travel/hotel cost related to obtaining the visa/residence permit. The processing of a temporary **residence permit** takes approx. 12 weeks and minimum 15 working days for a Schengen visa.

**It is your own responsibility to ensure that the visa/residence permit is valid for the full study period.** Please check your visa before travelling to Denmark to ensure that the duration of stay corresponds with the days you are in Denmark/the Schengen area. If the residence permit expires before the end of the study period in Denmark you should inform DFC as soon as possible and no later than one month prior to the expiration of the permit.

The temporary residence permit and the Schengen visa enable you to enter and transit through all Schengen countries<sup>1</sup>. The visa can be valid up to 90 days and it can be issued for one, two or multiple entries. It is not possible to extend a visa. The temporary residence permit can be valid for the full study period with the possibility of an extension. It is, however, only valid while studying at the predetermined study place.

If you plan to visit other countries outside the Schengen area while in Denmark, you must obtain visas, if applicable, before coming to Denmark. If you wish to change your return ticket, please note that this is only possible in exceptional cases, and at your own expense.

You are required to carry your passport (or a photocopy) at all times during your stay in Denmark. DFC recommends that you carry a photocopy of your passport and a copy of your residence card/visa in order to avoid losing your passport. Therefore, please remember to bring a photocopy. Should problems with the Danish authorities occur, please contact DFC. Outside office hours the officer on duty at the Ministry of Foreign Affairs, telephone +45 3392 0000, may be contacted.

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<sup>1</sup> Schengen countries: Austria, Belgium, the Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Iceland, Italy, Latvia, Liechtenstein, Lithuania, Luxembourg, Malta, the Netherlands, Norway, Poland, Portugal, Slovakia, Slovenia, Spain, Sweden and Switzerland.



## Travel to and arrival in Denmark

DFC will arrange and pay for the return air ticket, economy class, to and from Denmark.

Please be aware of rules concerning liquids for hand (carry-on) luggage. For further details: <https://www.cph.dk/en/practical/luggage/rules-for-carry-on-luggage>

Upon arrival at Copenhagen Airport, you are kindly requested to take a taxi to the address of your accommodation as informed in the information e-mail you received before departure to Denmark.

Fellows going to provincial airports/train stations as their final destination will be met at Copenhagen airport and will receive guidance on how to transfer to domestic transport, **if you have not received information from DFC saying otherwise**. If you arrive later than scheduled, please contact DFC.

**Please be aware that you should bring cash, equivalent to minimum 150 USD, to cover for taxi/transport from the airport and other expenses for your first days in Denmark. A transport allowance to cover the taxi will be paid to you after arrival.**

If your luggage is delayed or lost, please ask the airline for a PIR (Property Irregularity Report) and inform DFC at the first coming workday.



## Danida Fellowship Centre

DFC is situated in Copenhagen at Hostrupsvej 22, 1950 Frederiksberg C. The Centre consists of two hostel wings housing 68 one-room self-contained flats, a secretariat for the staff, and common facilities for the fellows.

DFC is responsible for:

- the study programme and the fellows' stay in Denmark
- the issuing of Letters of Acceptance, visa/residence permits, air tickets
- the payment of fellowship allowances
- counselling
- accommodation
- insurance matters

DFC arranges social and cultural activities. Some of the arrangements will take place in the DFC Café, which also has a lounge and a small library with access to computers.

DFC organises introductions to Danish family life and Danish democracy in the DFC Café on Tuesday evenings on a regular basis.

### **Danida Alumni Network**

Danida Alumni Network is a digital platform for networking and collaborating with other alumni, Danish universities, companies and institutions. Get ready for your stay in Denmark, join now and expand your network.

You can join here: [www.alumni.dfcentre.com/register](http://www.alumni.dfcentre.com/register)



## Paid employment in Denmark

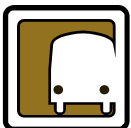
You are **not** allowed to take up paid employment and/or receive any other income while in Denmark. You will receive an allowance and are exempted from taxation.



## Climate

The average temperature in the warmest months (June and July) is 17°C. In the coldest months (January and February) the average temperature is 0°C. The maximum summer temperature is around 27°C, while winter temperatures may often drop to below 0°C.

As Denmark has a coastal climate, the weather is often windy, rainy and cold. It is advisable to bring warm clothes and shoes/boots suitable for this climate.



## Transport

It is very normal to bicycle or to use the public transport in Denmark. You should therefore be prepared to walk and spend time in public transport to and from the place of study and your accommodation. The journey can vary from fifteen minutes up to one hour.





## Accommodation

### In the Copenhagen area:

#### DFC hostel

Some of you will be accommodated in the DFC hostel.

Bedding and basic kitchen utensils will be provided. However, you are kindly asked to **bring your own towels**.

You are expected to carry out household chores such as cooking, cleaning, etc. yourself.

#### Hotel

Some of you (mostly fellows on short courses) will be accommodated in a hotel with a standard single room, in some cases sharing kitchen facilities with other Danida fellows.

During peak periods DFC sometimes uses hotels, which do not provide for cooking or laundry facilities (please see Fellowship Allowances, page 10, to see changes in daily allowance).

### Outside Copenhagen:

Most of you will be accommodated in hostels but some will follow residential courses, where full board and lodging are provided at the place of study.



## Fellowship allowances as per January 1, 2021

The allowances will be calculated as the number of days of the course period plus two additional days regardless of the actual arrival and departure dates.

### **Up to 14 days**

For stays in Denmark up to 14 days the allowance will be paid in cash, and will be paid the first weekday after arrival. **You are therefore advised to bring some foreign currency for the first days' spending.**

### **More than 14 days**

For stays in Denmark of more than 14 days you will receive a Mastercard at arrival or the first weekday after arrival. **You are therefore advised to bring foreign currency for the first day's spending.**

### **Fellows on further education activities in Denmark**

#### **1. Daily allowance DKK 235.-**

You will receive a personal allowance of DKK 235.- per full day. This corresponds to DKK 7,052.- for a full month. Accommodation, including heating, water and electricity, is paid by DFC. The allowance covers food, clothes, medicine, spectacles, dental visits, daily transport and pocket money.

#### **2. Extended daily allowance DKK 443.-**

If accommodation is provided in a hotel without kitchen facilities, you will receive a daily allowance of DKK 443.-

#### **3. Reduced daily allowance DKK 130.-**

When following residential courses, where full board and lodging are provided, you will receive a daily allowance of DKK 130.-



## Visitors

**DFC recommends that the fellow arrives alone and familiarizes him- /herself with the conditions in Denmark, before possible visitors arrive.**

**Spouses or other close relatives are welcome to visit, provided that he/she pays for and arranges everything in connection with the visit:** Air ticket, insurance, visa and accommodation. The relative will have to apply directly at the Danish Embassy for a Schengen visa and the fellow will have to provide the relative with an invitation letter stating that he/she pays for all his/her expenses. This letter, proof of insurance cover, as well as air ticket (e-ticket) is required for issuing the visa. Please note that spouse/close relative visits cannot **exceed one month** in the Danida Fellowship Centre provided place of accommodation, and that you have to inform Danida Fellowship Centre about the visit.

**Please note that it is not possible for your child(ren) below the age of 18 to be with you during your study stay in Denmark.** The accommodation at the Danida Fellowship Centre Hostel is not well suited for young children, and there are no child-care arrangements in the Danida Fellowship Centre programme.

**You are welcome to have other visitors staying with you for a maximum of one week** at the Danida Fellowship Centre Hostel. Please note that this only applies for a single adult visitor, and not for children. If you are staying at a hotel – you may be able to make an arrangement with the hotel upon extra payment. Note that this will be at your own expense.

In Copenhagen, the accommodation will either be at Danida Fellowship Centre's own hostel at Hostrupsvej (68 one-roomed self-contained flats), or at a hotel.

1. Danida Fellowship Centre Hostel – the rooms are one room flats with a single bed/bedding. Danida Fellowship Centre does not provide extra bedding for visitors.
2. Hotels – you may be able to make an arrangement with the hotel upon extra payment. Note that this will be at your own expense.

For fellows who will stay outside of Copenhagen other rules may apply. Please contact DFC staff for further information.



## Health

As you have already declared in the Fellowship Form, you do not have any illness that prevents you from undertaking the proposed course of study.

For research fellows, see the guidelines for 'DFC's Administration of Research Fellows from Developing Countries':

If there is any significant change in your health conditions (e.g. pregnancy) between signing the fellowship form and your departure for Denmark you must inform DFC immediately.

### Health insurance

#### A. Fellows whose period of residence in Denmark is less than 90 days

You are covered by **Danida's European Health Insurance in acute matters** (illness). Please carry the Insurance Certificate while in Europe.

If you use any medicine please remember to bring a sufficient supply with you to Denmark. It is very expensive to purchase prescribed medicine in Denmark.

Contact the place of study or DFC in case you need to see a doctor.

#### B. Fellows whose period of residence in Denmark is more than 90 days

If the period of residence in Denmark exceeds 90 days you are covered by the **Danish National Health Insurance Scheme**. Upon arrival you will be registered at the local office of the National Registration (Borgerservice) and a health insurance card (Sundhedskort) will be issued to you shortly after arrival.

The physician indicated on the insurance card should be consulted in the event of illness and the card must be presented when consulting the physician, a dentist or a hospital. It is advisable to carry the health insurance card at all times.

The cost of prescribed medicine and dental treatment is **only partially** covered under the National Health Insurance Scheme. DFC does **not** cover the difference (please see Fellowship Allowances, page 10).



## Illness

### In case of illness

When you arrive in Denmark, DFC or the place of study will provide you with telephone numbers and addresses for emergency physician, emergency room and ambulance.

### Serious illness

In case of serious illness, accidents or similar, which may make you unable to complete the study programme, DFC in consultation with the place of study may decide to discontinue or suspend your study programme.



## Insurance

In addition to the health insurance schemes mentioned under HEALTH, section A and B, you are covered by Danida's Europæiske insurance for accidents, third party liability, and theft of personal effects (not cash) during your stay in Denmark.

Travel insurance for trips outside Denmark for fellows whose period of residence is more than 90 days:

The Danish National Health Insurance Scheme covers Denmark only. If you travel privately outside Denmark it is your own responsibility to make sure you have the required documents like residence card or re-entry permit and insurance. You can take out a travel insurance at these companies: Europæiske and Tryg.

If your travel is a mandatory part of your study, DFC or the place of study will take out the travel insurance for you, unless it is in your country of residence.

DFC or the place of study will provide further information about insurance matters.



## **Danida Fellowship Centre**

Danida Fellowship Centre  
Hostrupsvej 22  
DK-1950 Frederiksberg C  
Denmark

Telephone +45 3536 1322  
Mail [dfc@dfcentre.dk](mailto:dfc@dfcentre.dk)

[www.dfcentre.com](http://www.dfcentre.com)