



## COVID-19 mandatory requirements for residents at the DFC Hostel

Warmly welcome to the DFC Hostel!

### COVID-19 test and isolation

If you are entering Denmark from a country or region, from and to which the Danish Ministry of Foreign Affairs advises against travel due to COVID-19, it is mandatory that you:

- Take a COVID-19 test upon arrival at the public test centre at Copenhagen Airport
- Self-isolate in your room for 10 days
- **This self-isolation can be broken upon receipt of a negative result from a PCR test taken no earlier than the fourth day of entry**

**If you previously have been infected with COVID-19**, you are exempt from the isolation requirements, if you are able to present documentation showing a positive PCR test taken at least 14 days and no more than 8 months prior to boarding the aircraft and prior to the time of entry.

*Be aware that violation of the testing and isolation rules is a criminal offence and is punishable by a fine.*

### COVID-19 test at Copenhagen Airport

Upon arrival, you are to take a rapid COVID-19 test and wait for the results before leaving the airport. If you test positive find additional information about the procedure [here](#)

**NOTE** that even if the test result from the airport test centre is negative, you are still to stay in self-isolation.

### Transport from the airport to DFC

It is a requirement that you wear a face mask at all times going from the airport to DFC for self-isolation e.g. in public transport and taxi.

### What does isolation imply?

Self-isolating means staying in your room and not leaving it (unless for COVID-19 test). You should not go out for any reason - even to buy food, medicines or other essentials, or for exercise. You can arrange for others to do grocery shopping for you and leaving the items outside your door. If it is essential you leave your room e.g. for COVID – 19 test, please wear a face mask at all times when outside your door.

### COVID-19 PCR test after no earlier than four days of entry

We suggest that you use one of the following PCR test providers:

- [Region Hovedstaden](#)/public test centre – go direct to a corona test site and be tested. Free
- [Pentabase](#) (private) - book an appointment for a PCR test [here](#). Cost 380 DKK

Note that if you use the public test centre, and you do not have a NemId, you have to sign up at [Covidresult.dk](#) to get a test and receive the test result. Also note that a mobile phone number working in Denmark is required. Please therefore find a Lebara phone card in your room by arrival.

### What to do in case of a positive test or COVID-19 symptoms?

In case the test result is positive or in case of COVID-19 symptoms, **it is important that you stay in your room** and contact DFC by phone at: +45 3536 1322 or by e-mail: [dfc@dfcentre.dk](mailto:dfc@dfcentre.dk).

Outside DFC opening hours, you can call the DFC contact person at: +45 6092 6288 or the Danish Health Authority's COVID-19 hotline phone: +45 7020 0233.

Always comply with the general guidelines for appropriate behaviour in the public space and follow the Danish Health Authority's recommendations regarding how to limit the spread of infection. Find info about this at: <https://coronasmitte.dk/en>

You are most welcome to contact the DFC staff during your isolation period **but only by phone or e-mail**. You will find our contact details at our [website](#).

We hope that you will have a pleasant stay at DFC despite the difficult times!